

Elk Point REVIEW

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Tuesday, May 11, 2010

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Canada Day

Schedule coming together

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Moms take on Iron Horse Ultra

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Vicki Brooker photo

Firefighters pitch in during farmyard blaze

Firefighters had some hay to pitch in between bouts of spraying water on surviving round bales in a farmyard fire east of Elk Point on Saturday. Fortunately, the strong winds that have plagued the area in recent days were absent at the time of the fire and made it easier to keep the blaze from spreading.

Solar, wind powering staging area

By Vicki Brooker

Review Staff

The sun's rays, and even on the cloudiest of days, wind ranging from gentle breezes to furious gusts are producing ample power to furnish electricity for Elk Point Visitor Information Eco Centre and other installations on the Iron Horse Trail Staging Area.

Bob Bezpalko told Elk Point Chamber of Commerce members last week that one windy day, "we produced enough to power four houses," from the "fantastic" wind turbine alone, more than enough for the Eco Centre, two large pole-mounted arrays of outdoor lights and the Elk Point Trail Riders cabin.

Problems with the solar array, which was not following the sun's movement across the sky, as it should, have been corrected, and now both sources of nature's power are busy making electricity.

Bezpalko said one resident had expressed concern with sound made by the turbine, and he is tracking down sound monitoring equipment to measure the decibels produced.

Both the final check point of the Lions Walk for Sight and one of the checkpoints for the Iron Horse Ultra 100 race were located on the staging area, and Bezpalko said he had "great comments on the turbine" from participants in these two events.

FCSS making the move

FCSS director Deanna Easthope and her assistant, Sue Cleland, said they are slowly moving into their new office in the centre. They started May 4, and said they are "using May to complete the move." Groups who have equipment stored in the old office have been asked to remove their belongings by the end of May.

Water was being hooked up for the indoor washrooms last week, but the outdoor washrooms will have to wait for the installation of fixtures, which may or may not take place before the North East Muni Corr's annual tour of the Iron Horse Trail on May 16 and 17. "We'll arrange a tour of the Eco Centre for them," Bezpalko told the chamber.

(Continued on Page 2)

Seniors protest 21-day menu at ACA's AGM

By Vicki Brooker

Review Staff

A large and very vocal group of seniors protesting Alberta Health Services' provincial 21-day menu overshadowed the usual business agenda at the Alberta Council on Aging Region 2 annual meeting in Elk Point on Friday.

Well before the meeting started, Health Advisory Council 5 chair Diana Anderson counted "a good 75 here, so I'm happy," just before another group came through the door of the Elk Point Seniors' Recreation Centre to write their names on the attendance lists.

Region 2 president Edith Read welcomed members and guests from Heinsburg, St. Paul, Lindbergh Glendon, Two Hills, Lac La Biche, Cold Lake and the local area and quickly dealt with the annual meeting formalities.

A letter from a group of concerned Cold Lake seniors was on the agenda. The copy of a letter to Minister of Health Gene Zwozdesky said the seniors feel they have no say in matters pertaining largely to their age group, including the now-postponed pharmaceutical plan, and feel the province is "specifically targeting seniors, who feel benchmarking seniors' income may put us in a higher tax bracket." The group was "glad you are rethinking the drug strategy." They also demanded answers regarding assisted living facilities and expressed fear that the province is "eroding the support system for seniors."

Seniors attending Friday's meeting put the 21-day menu in that same category.

Read said the provincial 21-day menu was designed for under-125-bed facilities, and is now in place in 114 hospi-

tals/health care centres, auxiliary hospitals and long term care facilities. "St. Paul Auxiliary falls under it, Extensicare doesn't, and Bonnyville hospital doesn't, because it is operated by the Caritas Group of the Catholic Church."

The menu includes soups purchased from a well-known fast-food chain and entrees from two major frozen food manufacturers, Read said, reading from information sheets that, "Alberta Health sent instead of coming. I told them I would not speak to the plan, nor endorse it."

Read has already sent letters voicing her concern to Zwozdesky, MLA Ray Danyluk, Alberta Health and other pertinent individuals, and told her audience that copies of a letter of concern were available for them to sign and send to their MLAs, Zwozdesky and Premier Ed Stelmach.

(Continued on Page 3)



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Solar, wind powering staging area

(Continued from Front Page)

Parking lot

"Parking is our number one concern" at this time, Bezpalko said. The area allotted for parking is currently very soft, a condition that was discovered when the picker truck backed in to lift the wind turbine into place.

Bezpalko and Smith have collaborated on a rough draft of the desired parking area to be presented to town council, along with their concerns that FCSS staff and patrons could have problems parking and accessing the building under current conditions. Access for those using wheelchairs or walkers would also be a problem, Bezpalko note, and this user group will need a paved or concrete area or very well-packed gravel surface to manoeuvre on.

Moving of the fence on the Esso property to provide a one-way exit for visitors will be done as soon as weather permits, town manager Myron Goyan reported. Railings for the ramp and deck are also to be done shortly.

Premier's visit

Premier Ed Stelmach and an entourage of cabinet ministers will visit Elk Point on June 17 during a cabinet tour of northeast Alberta. The premier will be on hand for ribbon cutting ceremonies at the newly renovated Northern Lights Library System, the Arts and Leisure Centre, the Eco Centre and the new Elk Point fire hall. Bezpalko attended a meeting of representatives of the groups involved, and said the afternoon will involve "quick tours of the facilities and quick speeches, with the main speeches at the fire hall." Further information will be available as the event gets closer.

Arson suspected in vehicle fire

By Cst. John Saans

Elk Point RCMP Detachment

On April 29 at 2 a.m., Elk Point RCMP were alerted to a vehicle fire in Fishing Lake. Upon arrival, the SUV was fully engulfed in flames but it was determined that no one was inside. Investigation has found the circumstances surrounding the fire are suspicious and arson is suspected. The investigation is ongoing and police are seeking the assistance of the general public in the matter.

Thefts in Fishing Lake

During the week of April 29 to May 4, Elk Point RCMP investigated a series of thefts in Fishing Lake. Items including video games, game consoles, equipment, a generator and fuel were taken from residences, garages and property around the community. RCMP believe suspects have been identified but are seeking the assistance of the general public for confirmation and further evidence. Should any members of the community have information regarding these thefts, please contact Elk Point RCMP or Crime Stoppers.

Unfounded gun complaint

On April 30, RCMP were called to a residence in Frog Lake after a female called 911 to report someone in the residence pointed a firearm at her son. When members arrived at the scene, they found the female caller extremely intoxicated. Investigation determined that a firearm was not produced and the complaint was unfounded.

Fight in Frog Lake

On May 1 at 11:12 a.m. RCMP were called to a complaint in Frog Lake from a female who stated she had been assaulted. When members arrived on scene it was found that the complainant had been involved in a fight with another female. Both parties were responsible for the fight and no one suffered injuries. Members remained on scene until the complainant was able to gather some belongings and leave.

Intoxicated male

On May 1 at 7:30 p.m., a complaint was received regarding an intoxicated male at a local liquor store. The suspect was preventing a female from getting into her car. Members arrived on

scene and located the grossly intoxicated 25-year-old male. The suspect was arrested and housed in cells to sober up.

Youth in concert

By Vicki Brooker

Review Staff

Six local youngsters will be among the performers at next Sunday's North Eastern Music Association (NEMA) spring concert at École du Sommet in St. Paul.

Lyon Cueva, Nolan Vogel, Nathaniel Roberts, Chad Poitras and Brendon Wood have been studying guitar with Winston Quelch, while Paige Henderson has been taking violin lessons from John Calverley. Both teachers come to St. Paul from Edmonton for two days each week to teach both adults and youths.

Maria Cueva of the spring concert committee says that NEMA is a non-profit group that started in 1986 to bring a violin instructor to St. Paul. The association has since grown to include guitar instruction.

North Eastern Music Association
presents their

Annual Spring Concert & Tea

SUNDAY, MAY 16, 2010
at the St. Paul École du Sommet
2:00 p.m.
Sponsored by the Alberta Foundation for the Arts



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Deputy Premier Honourable
Doug Horner

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Seniors protest 21-day menu at ACA's AGM

(Continued from Front Page)

Anderson said she would write down concerns expressed by those at the meeting, and will forward them to both to Alberta Health and to the provincial Seniors Advisory Council, of which she is a member.

County of Two Hills Reeve Allan Saylor pointed out both logistic and economic consequences that he feels could result from the change. With food coming in by truck, a severe blizzard could delay delivery for some days, and if the truck was involved in an accident, packaging could be damaged and cross-contamination or spoilage could occur. He also was concerned with the "large amount of garbage" the additional packaging will add to the landfill. In addition, "if 10 people making \$40,000 lose their jobs, that's \$400,000 less income in our area," the reeve stated.

Many of those who spoke out have or have had relatives in long term care facilities, and spoke of problems that increased changes in food service have brought. One man said his father was fortunate to have relatives nearby to bring him his favourite ginger ale, as it was no longer available from the facility's kitchen. A woman said that when she asked her father-in-law what he'd had for dinner, "He said, 'I don't know what it was.' He wasn't complaining. Some feel that they shouldn't complain because someone

prepares their food and cleans up afterwards."

Another woman said she felt menus with no fresh fruit or vegetables and too much starch "don't meet Canada's food guide," and added, "it's too bad when you're old and sick and don't even have a good supper to look forward to."

The next speaker said a relative who has been in hospital for some weeks has lost weight, "and it's sad. He should be fed nutritiously. He says everything has the same taste."

A man whose mother is in long term care said the food was much better when she first moved there. "You could eat it, and you could get fruit and lettuce if you asked for it. Now I've been taking her fresh fruit." Because patient or staff food cannot be put in the facility's refrigerators due to contamination concerns, he noted, he can only take what she could eat right away.

One woman was surprised to learn, in an article in Alberta Views magazine, that Alberta Health's 15-member super board includes only two medical experts and one with a medical research background, and the extent of the board's wages and the amount they receive for each of their four-per-month board meetings.

Some patients, another speaker said, "complain about the food every day, and the people who decided to do this will probably never have to eat it."

One man defended Alberta Health CEO Steven Duckett. "He isn't doing this on his own. The government runs him, and he's doing what they tell him to. Don't lay it on his shoulders."

Meals on Wheels has given some people the ability to stay in their own homes, FCSS director Deanna Easthope said, but since the new menus were implemented, they have cancelled the service and gone back to preparing their own meals, or, in some cases, she feared, "not preparing them."

Retired Teachers of Alberta president Paul E. Boisvert, who has "been locking horns with the government for a long time," and writing letters that brought no reply, said sending letters "all to the same place" isn't enough. "But I encourage you to keep writing. Send copies to the other political party leaders. They won't bury it under piles of bureaucracy. Contact them all."

A woman whose complaint went unanswered agreed with Boisvert, "We have to stand up and be counted."

Another speaker added that letters to the editor, also could be effective. "If anything shows up in the *Edmonton Journal*, it gets their attention."

"The more they hear from people, the better," Read agreed. "We inundated them with phone calls about the pharmaceuticals, and I think it helped."

In addition to letters from most of those in attendance, the minister, MLAs and premier will be sent a cover letter stating that those attending the ACA meeting voted unanimously to support the ACA's concerns regarding the cost-effectiveness, safety concerns, nutritional and production

standards, palatability and packaging issues related to the provincial 21-day menu plan, and asking for a return to food prepared on site to meet the needs of patients and long term care residents.

The ACA also challenged "the bureaucrats who devised it to eat it - not for one day, not for three weeks, but for the rest of their lives like the residents in long term care are now forced to do."

Canada Day schedule coming together

By VICKI BROOKER
Review Staff

With just over two months to complete their plans for one of Elk Point's biggest events of the year, Elk Point Canada Day Committee met April 28 to fill the blanks on their July 1 agenda.

Donations have arrived slowly but steadily, and the group is half way to their financial goal for the year, according to secretary-treasurer Deanna Easthope.

Confirmation has been received from CFB Wainwright that soldiers from that base will be marching in the parade and later setting up a display north of the Canada Day stage. It is still unknown whether CFB Cold Lake will be performing a jet fly-over similar to last year's scene-stealing spectacular.

"It's under control," Laverne Wilson reported regarding the children's activities that will take place immediately after the 1 p.m. opening ceremonies. The children's area will likely be located on the outdoor skating rink.

The list of performers for the Canada Day Stage program at that same time is off to a good start, with vocalists Debra McQuinn, Olivia Leaf and the Harmony Quartet and dancers Hannah and Madeline Ludlage confirmed for the 1 p.m. show.

The chamber of commerce stage in the Servus Credit Union parking lot, the scene of the chamber's annual pancake breakfast earlier in the day, will be the centre of attraction for area teens, starting soon after the opening ceremonies are completed on the hill. Colin Bjorkman is organizing that show, and sent along a report that he has a sound system and three bands and is still looking for more.

The chamber's breakfast has been a longtime hit, but providing food for the influx of visitors through the rest of the celebration has proven a challenge some years. The situation appears to be under control, with confirmation of the Christian Community Church pie tent, the Skating Club's arena concession, the Elk Point Co-op's water spray park fundraiser, the Elks Lodge beef-on-a-bun supper and the Allied Arts concession at the Arts and Leisure Centre prior to the Canada Day Idol.

(Continued on Page 6)



ANNUAL VOLUNTEER GARBAGE CLEAN-UP AND BARBEQUE

Friday, May 14, 2010
at 4:00 p.m.

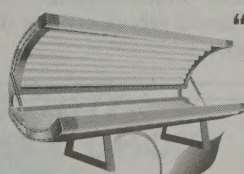
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Your cooperation with the Assessors is greatly appreciated, as it is essential in determining equitable property assessments.

Portions of Divisions 1 and 2 will be the focus for 2010.

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EDITORIAL

Mixed messages

Perhaps one of the problems behind the change from on-site-prepared diets for hospital and long term care patients and the new provincial 21-day menu could be that Albertans are getting mixed messages.

We are encouraged to shop locally and to eat a '100-mile diet' of foods grown near our homes, while this is bringing in foods grown, manufactured and produced elsewhere.

We are encouraged to follow food guidelines that include five to ten servings per day of fruits and vegetables, fresh when possible, and it appears these menus may not follow this credo.

We are encouraged to recycle and reduce waste. The new regime brings in increased amounts of packaging that must go to landfills.

We are encouraged to hire locally and keep our local job force on the job to keep our economy strong and thriving, rather than outsourcing.

No wonder Albertans are confused and indignant.

WAY BACK WHEN...

Sergeant, shelved project, school playground

HERE'S THE NEWS THAT MADE THE HEADLINES OF THE LAKELAND REVIEW AND ELK POINT REVIEW FOR THE WEEK OF MAY 11 IN...

1985

Colin Bjorkman was named Elk Point's RCMP Sergeant for a day, following his win in a Police Week poster contest. Dome Petroleum explained the technical, environmental and socioeconomic aspects of their planned multimillion-dollar, 150-well project to Elk Point and St. Paul town councils.

1990

Plans for a new community services centre were shelved, after town council defeated a vote to trade five acres of town land north of the A. G. Ross Arena for the 1.47-acre site, with fundraising a deciding factor in the decision. Elk Point Chamber of Commerce and Elk Point Historical Society combined forces to host a joint open house during Tourism Awareness Week.

1995

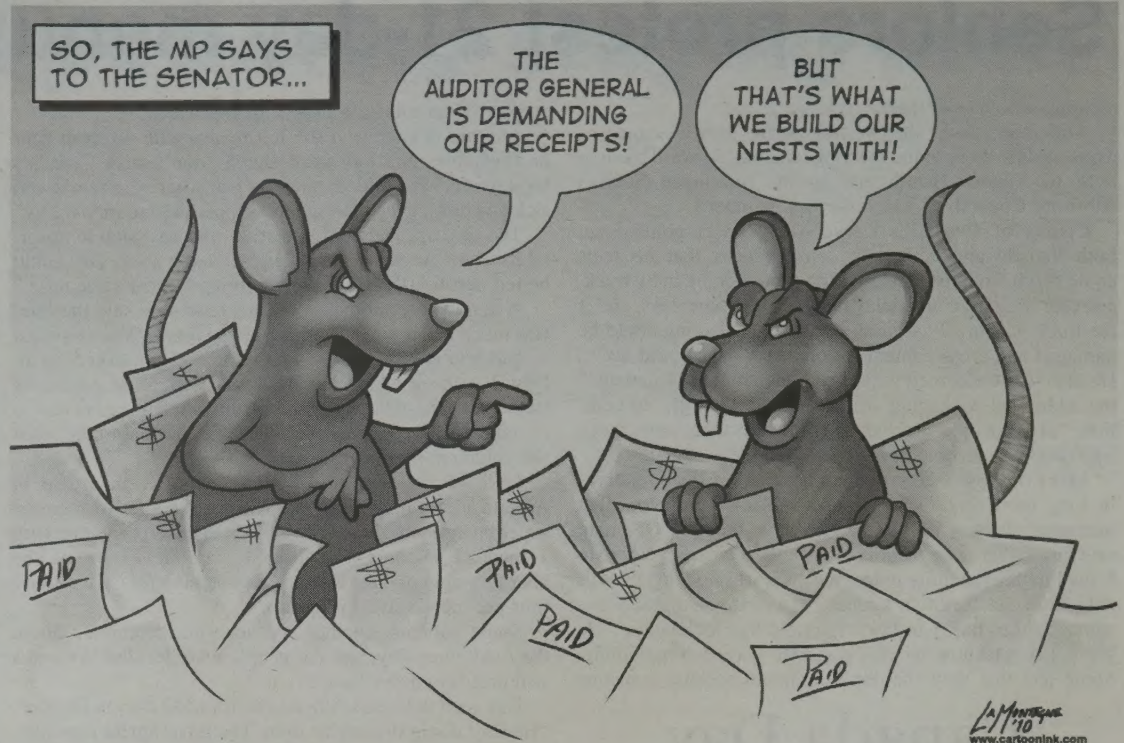
The Community Choir Spring Concert, the Spring Classic Stampede, the Ukrainian Dance Concert, the Lioness Mother's Day Brunch and the Arena Operating Committee garage sale combined to make a very busy weekend for the community. A series of town hall meetings jointly sponsored by the RCMP and the Community Advisory Policing Committee drew poor attendance, but Cst. Pat Wasylynyuk still felt it was vital to introduce this new way of getting input from the community.

2000

Heinsburg School opened their new handicap-accessible playground, with Kyle Allan cutting the ribbon after \$33,000 in materials, labour and the use of equipment was raised for the project. Town council pledged that they would continue to cooperate with the Elk Point Golf and Country Club, charging them only a token \$1 per year rent for the course, and providing treated water for the clubhouse and raw water for irrigating the course.

2005

A week of progress for the Iron Horse Trail staging area saw railings installed on the ATV bridge, a concrete wood bin footed and poured, concrete entrance ramps poured for the outhouse and the site excavated for a 22-foot gazebo. Elk Point 4-Hers made a clean sweep of ditches along Moose Hills Road in their annual cleanup.



GUEST COLUMN

It's all in parenting

To become a parent really means you will grow from the experience of being a parent. In the end you grade yourself on how well you did with the children who became your responsibility to parent. The experience of being a parent doesn't come without trials. How we deal with those trails is a choice we make. To illustrate this point James B. Martino tells a story of how a person can grow from an experience.

"When I was young I looked forward to the spring of the year. As the weather warmed, I was ready for baseball to begin. Like most young boys, I would wish that I could become a great baseball player. I am reminded of a story about a very young boy with similar dreams. With the desire to become the next mighty ballplayer, he decided to go outside and practice. He held the baseball in one hand and the bat in the other, and he threw the ball into the air. With a wish to hit the ball as far as he could, he took a great swing, but the ball fell to the ground without even touching the wood of the bat. Not to be denied, he went at it again. As he was about to throw the ball in the air, his determination grew as the thought of a powerful hit came into his mind. But alas, the results were the same. The ball lay on the ground. But as any good ballplayer knows, you have three strikes before you are out. He concentrated even more, threw the ball in the air, and gave the mightiest swing he had ever attempted. As the ball again fell to the ground, the tears began to swell in his eyes. Then all of a sudden a great smile appeared, and he said, 'What a pitcher!'"

Each of us will face trials and tests when we are involved in parenting. It is how we react to those difficulties that will determine our success and happiness. The following is five possible guidelines to help you in the parenting process.

■ Choose to do what is right for the child. Each child

needs to understand what is best for them. For example, if skating is what the parent really enjoys, it may not be an enjoyment for the child, so may be skating lessons is not what is right/best for the child.

■ When we face trials, it is best not to complain or murmur. For example, if the child is having trouble learning a certain subject in school, it would be best if the parent doesn't murmur or complain about it being the teacher's fault, etc.

■ Sometimes, when we face challenges, it would be best if we seek greater help. For example, it is acceptable to ask for help from counselors,

teachers or depending on your faith, ask for help from a higher power.

■ We could learn to serve and think of others even in our times of trial. For example, rather than focusing on the trials we are going through, we need to "re-direct" and look for ways we could help someone else. When we serve others, we forget our own problems.

■ Forgive others and do not seek to pass the blame of our situation to them. For example, it might be easy to say: "if they had not done this, then I would not have reacted the way I did." This is an example of passing the blame onto someone else. When you remember that our reactions are really our choices. What is being said here is that children will do some "dumb things" sometimes. We feel we have a right to react a certain way. Stop and count to ten. Think about how you could turn this around to be a teaching moment with your child.

After considering all the above points, remember the best thing a parent can give their child is love.

As parents we will all make mistakes no matter how hard we try to do the best we can. When we are able to tell our children, we made a mistake, they will learn it is O.K. for them to admit they made a mistake at some time. When we teach that our mistakes are not something to dwell on but something we can learn from, then everyone benefits. This is love in action.

It has been said: "It's all in the parenting" may be a reality statement. But, what this means is, it all depends on our reactions/choices, with love becoming the action verb.



deanna
EASTHOPE

from the FCSS desk

The Elk Point Review publishes a variety of opinions as a contribution to debate on matters of public concern. Unsigned editorials express the view of this newspaper's editorial board which includes the Publisher and the Editor. Signed pieces express the view of the individual writer.

ELK POINT REVIEW

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Forts gearing up for 2010

By VICKI BROOKER
Review Staff

Fort George and Buckingham House Provincial Historic Site is gearing up for the 2010 season, which starts this Saturday and ends on Labour Day.

The Friends of the Forts met recently with facilities supervisor Marianne Mack and program coordinator Ross Stromberg to strategize on upcoming events and the season as a whole.

Provincial cutbacks had led to concerns that the season might have to be shortened, but this has now been resolved and the centre will be staffed until Sept. 6. However, the site will close at 5 p.m. daily this year, rather than 6 p.m. as in previous years.

Four staff members have been hired, with one previous staffer, Cameron Dykstra, returning for another year. This year the staff will be entirely male for the first time in the site's history.

Historic sites across the province will again be promoted in a once-weekly

page in Calgary and Edmonton papers, as well as in television spots that direct viewers to access the website. In addition to the Experience Alberta History brochure which has been handed out by visitor information centres for several years, the four sites Mack manages – FGBH, Fort Victoria, Historic Dunvegan and Father Lacombe Chapel, along with the Oilsands Interpretive Centre in Fort McMurray and Sefansson House, have joined to produce a brochure, Mack said.

Locations have been determined for the new interpretive panels that are slated for installation this week at the fort sites and along the trail that links them with the interpretive centre, she added.

By April 22, Stromberg already had 10 schools booked for tours, "and others inquiring. We have some coming that we've never had before. We sent out brochures to schools this year, and it seems to have worked." He added that a seniors group from

Lloydminster has also booked a tour, and that the Creative Western Adventures Ltd. Eco tour, 'Reliving the Pioneer Days in Alberta' will arrive at the forts by canoe on July 26 and will continue their visit the following day before moving on to Cold Lake.

Stromberg said he had "a fascinating conversation" with historian and author Bob Beal, who is moving to St. Paul and is willing to give talks at the site. Stromberg hopes to have Beal as a special guest at the Saskatoon Festival in July.

The forts' first-ever geocaching event is coming up June 19, combined with an event that welcomes ATV enthusiasts to access the forts aboard their machines, hopefully with the new link between the Iron Horse Trail and the forts ready for use by that time. 'Backroads and Beaver Hats' will offer lunch for both groups, with the geocaching event starting at 1:30 p.m.

Stromberg says participants will be given eight sets of coordinates, and will find at each of those "sites

of local significance" a cache of papers bearing one piece of a mystery story. "They'll come back here in two hours and propose an answer to the mystery to win prizes. We had amazing review of the geocache event at Fort Victoria last year, and this will be posted on a website for geocache enthusiasts."

(Continued on Page 6)

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ANNUAL GENERAL MEETING
Wednesday, May 12, 2010
Seniors Drop-In Centre
4813 - 47th Avenue, Bonnyville, AB
Evening to Commence at 5:00 p.m.
Guest Speaker:
Deputy Premier Honourable Doug Horner
E-mail: lica2@lca.ca
Website: www.lca.ca
Phone: 780.812.2182 or toll free: 1.877.737.2182
Or drop by the LICA office Mon-Thurs. 9 a.m. - 3 p.m.
5107W - 50 Street, Bonnyville
LICA is proud to have our Affiliated Zone
and the Beaver River Watershed Alliance
as independent standing committees.

LETTER TO THE EDITOR

Alberta Health Services clarify food service changes

Dear Editor:

I would like to provide clarification regarding food services in hospitals and long-term care facilities in the Two Hills area and throughout the province. It is very important to Alberta Health Services (AHS) that we provide nutritious, high-quality food prepared in a safe manner for the residents and patients we serve.

In the article, a letter sent from Two Hills Reeve Allen Saylor suggested that hospital and long-term care facility kitchens will be closed and all meals will be delivered from a central region. That is not correct.

Long-term care residents enjoy their meals served on china plates in a dining room with food prepared in the on-site kitchen by local staff – this has not changed. Each day, residents have a variety of meal choices; the number of choices available to residents has actually increased with the new menu.

All facilities receive food products from food distribution companies using company trucks and the same delivery schedules – this has not changed.

All facilities use food products they commonly used in the past: pre-washed, chopped tossed salads and coleslaws; canned pie filling; cookie dough; canned or frozen soup; and gravy mixes. Many families use these products on a daily basis and facilities use them too – just in larger quantities from bigger pack-

ages.

The creation of AHS offered an opportunity to review and consolidate the many different day menus that existed across the province. Menu planning as one group ensures that all legislated requirements are met and the best possible food and nutrition standards, like Canada's Food Guide, are consistently used. Along with Canada's Food Guide, our registered dietitians listened to our residents and their caregivers ensuring that the menus are healthy, well-balanced and enjoyable.

Being the largest health care provider in Canada gives AHS the ability to standardize and purchase large quantities of the best quality product at lower cost. It also allows Alberta Health Services to work with local and national food manufacturers to develop even better products. This

is much like family menu planning based on favourite products and purchasing from bulk suppliers.

Patients and residents are the families we serve, and their opinions are important to us. Our menus will continue to be guided by their choices and satisfaction levels. I would like to assure the local community that AHS is committed to providing high quality service and equitable access to health-care services across Alberta. We know this is important to you and it is equally important to us. Our mission is to provide a patient-focused, quality health system that is accessible and sustainable for all Albertans.

Susan McKay
Vice President of
Nutrition and Food
Services
Alberta Health Services

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SUNDAY, MAY 23, 2010
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Welding and Mechanics Shop
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Sale located 4 miles north of LaCorey to TWP Rd. 640
Saturday, May 15, 2010 • 10:00 a.m.

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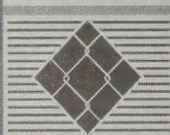
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Robert Schaap photo

A year after what they thought might be their last time together, Elk Point Order of the Royal Purple held their annual Ladies Night last Tuesday at Magic Pizza. Front, left to right: Lena Stepa, Verna Lazicki, Niki Riemer, Lil Buksa, Stella Blazenko, Leona Moneta; back, left to right: Lenore Bjornstad, Lois Yaremkevich, Lois Sharek, Brenda Diesel, Irene Pilisko, Jane Dikeman, Lillian Ewasiuk and Vicki Brooker. The 48-year-old lodge was resuscitated last fall, and has taken on new momentum, with hopes for a bright future and an increase in membership.

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Vicki Brooker photo

Lillian Ewasiuk had a flowery welcome for ladies arriving for the OORP's Mother's Day Tea on Saturday.

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Forts season

(Continued from PAGE 5)

The forts' first event of the year, however, is the Riverland Challenge on May 29. Organizer Sheila Thompson reported that this year's event will kick off with a pancake breakfast at the Elk Point river campsite, served by Elk Point 4-H Multi Club. She is looking for entertainment for that venue, where forts-style two-ball games and travois races will also take place prior to the canoe brigade sendoff.

Although Thompson is moving to Edmonton later this year, she assured the Friends that, "I'll be back to

work on Riverland next year."

Donna Chamberland gave an update on plans for the Saskatoon Festival, and said the Saskatoon pies are ordered and two or three crafters have already signed up for the event. She urged fellow Friends to invite crafters and get their phone numbers so she can contact them. She has passed on information about the Saskatoon baking contest to Marguerite Friesen of the Flavours gourmet cooking group, in hopes that this could bring added entries to the contest this year.

Canada Day

(Continued from Page 2)

Dee Pankiw was on hand, filled with enthusiasm for this year's Canada Day Idol competition. "I have two entries already, and the information isn't even out yet," she enthused.

Pankiw had just tracked down a new major prize sponsor, Brett Pollard of Phunkin Gruuve Records in Lloydminster, who was willing to donate recording time to the winners, and with that taken care of, was busy getting her entry information ready to distribute. Moving the time up half an hour will give more time to complete the competition so everyone can get outside to enjoy the 11 p.m. fireworks display.



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Clean-up time

BY VICKI BROOKER
Review Staff

It's spring cleaning season everywhere, and in Elk Point, the community is urged to get in on the action.

Elk Point Elementary School got an early start, and cleaned up their school grounds on Earth Day, rather than the originally planned May 7, and various local groups, including the 4-H Club, have been cleaning highways in the area.

The Town of Elk Point is holding their annual town clean-up blitz, with volunteers picking up trash from public areas, beginning at 4 p.m. on Friday, followed by a burger barbecue at Elk Point Municipal Library. Garbage bags will be provided and areas of town needing clean-up will be assigned by cleanup coordinators.

The annual Hazardous Waste Roundup is coming up on Saturday, and residents of Elk Point and surrounding areas are encouraged to bring hazardous materials to the new fire hall, from 3 to 7 p.m.

Let's all pitch in, for a cleaner and safer community.

**ELK POINT MINOR HOCKEY
ANNUAL
GENERAL MEETING**
THURSDAY, MAY 13, 2010
7:00 pm in the
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New positions to be filled.
Present bylaws will be reviewed. Coffee and Doughnuts.

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Submitted Photo

Team "Better Late Than Never" was made up of (left to right) Faye Poitras, Melissa Rogal, Melanie Poulin, Connie Henderson, Christine Henderson and Teresa Boratynec, missing: Laura Lilje.

Local moms take on Iron Horse Ultra 100

SUBMITTED BY TEAM
'BETTER LATE THAN NEVER'

Five local moms stepped up to the challenge on May 1 and completed a 100-km relay. This determined group of ladies proved the true strength of a mother. It is true that anything is possible if you put your mind to it. These hardworking local girls have a combined total of 17 children between them, but that was no match for what they encountered on the weekend.

This relay was said to include trails through farmer's fields, county roads, along the river, and on the Iron Horse Trail, that was true, but it was much more than they had expected.

The team, named "Better Late Than Never," began their first leg of the race in St. Paul at 6 a.m. with Christine Henderson as runner number one. She took on "The Ridge," a 19-km trek down the trail and across fields toward St. Edouard to find herself scaling up and down slippery slopes.

Christine faced many challenges including crossing a creek with only small stones to get herself across, with all challenges met she made her way back to the Iron Horse Trail to send off runner number two, Teresa Boratynec and her partner Laura Lilje. They started Leg 2 "Doggone Creek" (17 km) up the steep hills south of St. Edouard. Once on top, they enjoyed a nice run through a farmer's field which included some long steep inclines before making their way back toward Elk Point where Leg 3

would begin.

This leg, named "Moose Mountain," was run by Melissa Rogal. She had a 23-km run to complete. Melissa started off making her way through the muskeg. It was a real challenge to keep her feet dry, as this was only the beginning. She then faced Moose Mountain and climbed her way up to the towers and back to make her way to the Iron Horse to finish off in Elk Point.

At this exchange her sister Melanie Poulin took over Leg 4 of the race, named "Stoney Lake," (17 km).

This leg started on the trail and headed west toward the scenic Stoney Lake. Her obstacles were just as challenging. She had to scale fences and make it through a bog before she was faced with intense rolling hills before ending up at the checkpoint for Leg 5.

Taking over Leg 5 was Faye Poitras and her partner and cheerleader Connie Henderson. They took on the "Home Run," a 23-km trek back to St. Paul.

This leg started off fairly easy back to the coulee south of St. Edouard, but before long they were directed into the bush. At first, they discussed how nice it would be to ride horses through the area. It wasn't far from there they were faced with the first of their challenges. The many steep hills, fallen trees to climb over, and slippery down hill slopes. They could see the Iron Horse Trail but wouldn't reach it until they were forced to cross a beaver dam.

Once on the trail, they were sure they could make up some time, but about a kilometer down they were once again directed into the dense bush and a never-ending hill to climb. With much determination and no where else to go they fought their way to the top, once there St. Paul was in sight.

They made their way toward town and got onto the boardwalk at the south end of town and zigzagged their way back to the Landing Pad where the race had also began.

Upon their arrival cheers and clapping rang out from the rest of the team as well as friends and family. What a welcome! Here they were, 100 km behind them, the "Better Late Than Never" team had completed the relay.

They were the only all-women team entered in the relay. It was a real accomplishment for girls. It was very emotional, and rewarding for them all. They gathered as a team at every exchange point, where they were joined by family and friends showing their support for the runners.

All the challenges, rough terrain, aches, pains and blisters were all worth the reward of completing the relay.

After the fact, it was realized that perhaps they were a little "out of their league," but that made it much more rewarding that they could complete such a feat. It was even mentioned that having another baby would have been easier than this race! With true grit and determination it is possible to do anything!

They are already looking

forward to next years run.

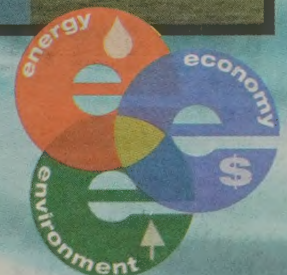
The team wishes to express their gratitude to all who were involved in putting on such a great event.

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Sox start season off with three wins

Bat boy Kaiden "K Rock" Evans Anderson admires his new Sox uniform.



Something old, something new, something borrowed, something blue! Five old players returning from last season, four new boys from Cold Lake who couldn't field a team this year, some borrowed equipment from the St. Paul crew, and of course the umpires are all dressed in blue.

The boys of summer are back, although it didn't feel much like summer this past weekend with that wicked cold wind blowing, but you have to be tough if your going to play ball in Alberta and remember to keep you hoodie packed in your bag at all times.

Nothing is better than starting the season with three wins to boost your confidence, the Sox were slugging the ball big time this past weekend picking up a 6 to 4 win over Bonnyville, 19 to 3 win over Athabasca in five innings and a 21 to 2 win over Vegreville in five innings.

Dylan Berg, who's been throwing all winter, took the mound in the first game against Bonnyville going almost the full distance pitching six and half innings before being maxed out at 100 pitches, Chad Brears came in on relief to finish off the game. Cold Lake product Brears also crushed an in-the-park home run, Dylan Berg going three for three at the plate, Dustin Berg with two singles.

In the second game on Saturday evening, another Cold Lake pick-up, Greg Brady was on the hill going two innings, Evan "Ernie" Joly coming in for the last three innings. A triple and three RBI'S for Chad Brears, three singles for "Ernie" Joly, Dustin Berg with two singles and a double for Joel Campbell.

The Sox have played every Mother's Day as long as I can remember and this one was dedicated to their moms, winning over Vegreville 21 to 2. Another Cold Lake chucker Joel Campbell getting the call to the hill, completed five innings allowing only two runs, plus helping out the cause with an in-the-park home run. Everyone got on base in this one, two singles for Tanner Corbeil, his bantam-aged brother Kyle with a single, Ryan Keefe with two singles, short stop Brett "Bert" Romanovich with a RBI single.

At the end of the month the team will be re-tiered and the games will become a little tougher, of course, the scores a

little closer as well, that is the beauty of the Baseball Alberta League, but if this first weekend is any indication, the boys seem to be able to swing the sticks pretty darn good. Coming up this weekend the Sox will travel to Vegreville.

In peewee AA action, local promising ball player Colin Nazarchuk, playing with the Bonnyville Braves, won three this past weekend in Fort Saskatchewan, winning over the host Fort Saskatchewan, Sherwood Park and Ft. McMurray.

Up in the NHL this past week, our buddy the "Marksman", number 38 Mark Letestu played his first three playoff games with Pittsburgh, picking an assist. And just in case you didn't know, "the Marksman" was one heck of a ball player as well, the MVP back in 2003.

And now for the K.A. Campbell quote of the week: "Normally I try to ignore crowd reaction, but in Chicago it's impossible, you can't help but get a lift from it." Last week's answer to: "Hockey in Montreal is different than in most cities. It's a religion. Hockey is to Montreal what golf is to St. Andrews, Scotland."-Rocket Richard.

Do you have a sports scoop? Please email news to sportshound007@hotmail.com



doug
BASSETT

Review Sports



County of St. Paul No. 19

TAKE NOTICE that the following **Development Permit** has been issued in accordance with **Land Use Bylaw No. 1486 of the County of St. Paul No. 19.**

PERMIT NO. LOCATION

10-D0059	Lot 5, Block 2 Plan 2104MC S.W. 22-56-4-W4 Laurier Lake	Single Family Dwelling to be located 6 feet from the West (side) property line and 14 feet from the East (side) property line instead of 20 feet.
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Any person claiming to be affected by the said Development, may appeal within fourteen (14) days of this advertisement, to the Subdivision and Development Appeal Board by serving Notice of Appeal to the Secretary of the Subdivision and Development Appeal Board of the

County of St. Paul No. 19
5015-49 Ave., St. Paul, AB., T0A 3A4

The appeal letter must contain at least one reason for appeal and if the development permit is a permitted use under the land use bylaw, no appeal applies unless the provisions of the bylaw were relaxed, varied or misinterpreted in the decision of the Development Authority. The appeal fee is \$200.00 (refundable if appeal is successful).

May 11, 2010

Glenn Zayac
Development Authority Officer

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MS Walk raises astonishing \$163,000

By JANICE HUSER
Review Contributor

By 8 a.m. on May 8, the St. Paul Recreation Centre was bustling with people. Volunteers in red shirts were running around, helping out where they could, while residents from across the Lakeland penciled in the finishing details on their pledge sheets.

The third annual MS Walk, which is now known as the Lakeland Enerflex MS Walk, has become much more than what organizers imagined it would be just three short years ago when it was started.

This year, after all the pledges, online donations, and other funds were tallied up, it is estimated that a whopping \$163,000 was raised by people in St. Paul, Bonnyville, Elk Point, and surrounding communities.

"Isn't that crazy?" asks Sherry Bower Gagne, one of the MS Society Advisory Committee members, just a couple days after the 2010 walk wrapped up. The question isn't one that is meant to be answered, but simply a way of describing what has become a huge event for the area.

"It's incredible. I just can't get over it," she adds.

Usually organizers estimate that about 10 per cent of the registered participants won't show up on the

day of the walk, but this year, there was an additional 77 participants that registered for the walk on Saturday.

After the opening ceremonies, participants were given the option of walking 2 km, 4 km, or 10 km routes.

The unexpectedly high number of participants meant that this year, the beef on a bun lunch would run out before everyone could be served. Bower Gagne says organizers would like to apologize for the lack of food, and assures that in the coming years, it won't happen again.

Although the total funds raised are the accumulation of everyone's hard work, there are some individuals who stand out on paper. James Purdy, a Bonnyville resident, is one of those people. He is also one of the newest members of the MS Advisory Committee.

Purdy, a 27-year-old man who suffers from MS, has managed to rally a huge group of residents from Bonnyville to help with the cause. Purdy's team - MS Ain't Purdy - managed to raise about \$30,000 this year.

"He is such a gift for us," says Bower Gagne. She adds that Purdy is an "amazing guy" and is proud to have him working with the

committee.

Purdy, who also has two young children under the age of three, was diagnosed with MS about a year and a half ago after his wife pushed him to see a doctor when he experienced some numbing in one of his arms. His son was just a newborn at the time.

"Luckily my wife pushed the issue," says Purdy, later adding, "I don't see a doctor unless I'm bleeding."

On Saturday, despite often experiencing extreme fatigue, Purdy walked the 10 km route.

"I think most people see me, they would have no idea I had MS," says Purdy, adding, he did the 10 km walk for the people who cannot do it themselves. Getting involved with the MS Walk has helped Purdy open up to other people about the illness.

(Continued on Page 11)

THANK YOU

SAY NINE HAIL MARYS

For nine days, make three wishes, on the ninth day, one wish concerning finances, two wishes concerning something impossible. Publish this on the ninth day and your wishes will come through. Thank you, Lord, it's unbelievable, but true.

O.S.



Janice Huser photo

Elk Point Challengers, made up of (left to right) Judy Bilak, Town Coun. Dwayne Yaremkevich, Mayor Parrish Tung and team captain, Town Coun. Bernice Capjack, was proud to represent our community in the 2010 Enerflex Lakeland MS Walk in St. Paul.

THANK YOU

THANK YOU

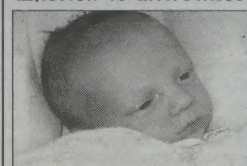
Words cannot express the gratitude we have for each and every person who helped bring our recent brush fire under control. Thanks to the Elk Point Fire Department and CNRL personnel for initiating and coordinating the effort and the support thereafter. Your thoughtfulness will be forever remembered.

RANDY & PAM BALLAS

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Excited to Introduce



HUDSON RHETT KOZICKY

Son of Ian & Ruby Kozicky
arriving on March 28, 2010
at Cranbrook, B.C.

Grandparents:
Calvin & Darlene Kozicky
and
Murray & Robin Herrell

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- Life Insurance
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Starting at \$1199 Installed

BONNYVILLE WATER CONDITIONING LTD.

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Hot Tubs, Pools, Cisterns, etc.
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130. Coming Events

CASTOR CENTENNIAL HOMECOMING 2010, July 30, 31 & Aug. 1, 2010. Info and pre-register: www.castor.ca; castorhomecoming2010@gmail.com. Welcome former residents of the town and surrounding area.

0195. Personals

LADY SEEKS GENTLEMAN 70-75 enjoys camping, dancing, traveling, ns, sd, sincere. Please reply to Box 1061, Lamont AB T0B 2R0

SINGLE, WHITE, FARM guy, age 39 looking for single white female who enjoys country life and the great outdoors. Text message (780)307-5404.

200. Business/Invest. Oppor.

ARE YOU HIGHLY motivated and looking for a reputable on-line business? Flexible hours, free training, great income, and incentive, real support; www.ecosoul.ca.

DO YOU have gravel/aggregate deposits on your property? We specialize in marketing, mining, managing and reclaiming aggregate resources. Contact Tom 1-888-784-4400 for more information.

MAKE MONEY before you buy. Edmonton's hottest area. Contact us for the numbers on this deal. This is the deal of your year; charles@realestatelinx.ca. 1-800-532-2351.

TRUE VALUE Hardware Store for sale, Sylvan Lake, Alberta. Existing profitable business. Inventory & fixtures for sale. Call now 1-800-665-5085, TruServ Canada; www.truserv.ca.

410. Education/Training

HEAVY EQUIPMENT Operator Training Program, monthly start dates for 2010. Dozer, grader, excavator, loader, scraper, rock truck. Tuition \$9700. Practicum Training Institute 306-955-0079; www.practicumtraininginstitute.ca. Email: pti@sasktel.net.

TRAIN TO BE a Medical Lab Assistant. The Healthcare industry needs you! MTI Community College; www.mticc.com. 604-310-2684. Love your job!

1500. Help Wanted - Prov.

#1 IN PARDONS. Remove your criminal record. Express Pardons offers the fastest pardons, lowest prices, and it's guaranteed. BBB accredited. Free consultation. Toll free 1-866-416-6772; www.ExpressPardons.com.

ALL ROUND EMPLOYEE for housekeeping, tavern/store in small town. Friendly hotel. Part-time/full-time. Room included. Phone Marg 403-779-2498 in Youngstown, Alberta.

500. Tenders



County of St. Paul No. 19 FOR SALE BY TENDER

The County of St. Paul No. 19 offers for Sale by Tender the following Standing Hay for a period of three years, commencing in 2010.

NE 13-59-10-W4 - Approximately 44 Acres (Westcove Recreation Area).

Tenders will be received by the undersigned until 12:00 noon, Friday, May 21, 2010.

Highest or any tender not necessarily accepted.

Further information available by contacting the undersigned at 780-645-3006.

Danny Weinmeier
Parks Superintendent
County of St. Paul No. 19

1500. Help Wanted - Prov.

CHEAP TELEPHONE RECONNECT! Paying too much? Switch, save money, and keep your number! First month only \$24.95 + connection fee. Phone Factory Reconnect; 1-877-336-2274; www.phonefactory.ca.

CYCLE WORKS WEST in Acheson, Alberta (5 minutes west of Edmonton) is looking for Journeyman Powersports Technician experienced with motorcycle, snowmobile and ATV/UTV. We are largest dealer in Canada for Polaris Ranger. Send resume toksawyer@west.cycleworks.com or fax 780-960-4208.

FULL-TIME EXPERIENCED newspaper graphic designer required. Competitive wages, benefits. Mountain View Publishing, Box 3910, Olds, AB, T4H 1P6. Attention: Murray Elliott; melliott@olds.greatwest.ca. No phone calls.

FULL-TIME REPORTER for Morinville weekly. Duties include town, county councils, school, community events. Must be self starter. 40 hr/week. Salary, expense allowance, benefits. Resume: morinville@shaw.ca.

HAVE FUN making money as an actor, actress or film extra on Calgary movie sets. All ages required. 403-521-0077.

INTERIOR HEAVY EQUIPMENT Operator School. Train on Full-size excavators, dozers, graders, loaders. Pertinent oil field tickets. Provincially Certified Instructors. Government accredited. Job placement assistance; www.iheschool.com. 1-866-399-3853.

PYRAMID CORPORATION is recruiting Instrument Supervisor/Journeyman with Field & Service Truck Maintenance experience. Shift work or relocation. Email resume: hr@pyramidcorporation.com. On line: www.pyramidcorporation.com. Fax 1-877-955-4473.

SEEKING A CAREER in the Community Newspaper business? Post your resume for FREE right where the publishers are looking. Visit: www.awna.com/resumes_add.php.

SILVER BLADES Figure Skating Club (Fairview, Alberta) is requiring a Skate Canada Coach (level one or higher, skills, dance). Contact Connie at 780-494-2004 or clkurz7@hotmail.com.

YELLOWKNIFE CATHOLIC SCHOOLS is currently seeking a 1.0 French Immersion Teacher for the 2010 - 2011 school year. Visit us at www.ycs.nt.ca for application instructions.

500. Tenders

1500. Help Wanted - Prov.

SOUTH ROCK LTD. is seeking an Asphalt Superintendent, Paver Operators, HD Mechanics and all experienced paving personnel for work throughout Alberta. Visit www.southrock.ca for more details or to apply. Fax 403-568-1327.

3010. Auctions

AUCTIONS DONE RIGHT! Whether it's equipment, real estate, livestock or a complete farm dispersal. For a free auction proposal contact Ritchie Bros. Auctioneers today! 1-800-491-4494 or rbauction.com.

BUD HAYNES Antique Auction, Tues., May 18, 6:30 p.m., Red Deer, Frank Kiss clockcollection. Firearms Estate Auction, Sat., June 26, 9 a.m. Premier Firearms Auction, Sat., August 21, 9 a.m. Taking consignments. Phone 403-347-5855; www.budhaynesauctions.com.

FARM/ESTATE AUCTION! Selling tractors, equipment, truck/car, tools, antiques, household, more. 10 a.m., Saturday, May 15, Hughenden, Alberta, Highway 13. Scribner Auction Ltd., 780-842-5666; www.scribner.net.

3130. Fitness/Health

PRE-SUMMER SALE! Look great. Feel great. Lose weight. Results guaranteed. Save 50%. Limited time offer. 6 days only. May 12 - 17. Call Herbal Magic today. 1-800-926-4363.

PROTECT YOUR FAMILY'S health with Alberta Blue Cross. Thousands of Albertans enjoy the affordable protection of Alberta Blue Cross individual health plans. You can too. If you're without employer-sponsored group benefits, our plans fit your needs - and your budget. Prescription drugs, dental, vision, ambulance and more. We also offer useful coverage for Alberta seniors 65 and over. Call us today at 1-800-394-1965 for your free information package, or visit our website at www.ab.bluecross.ca.

3210. Misc. For Sale

\$38.95 HOME phone service - Reconnect your home phone! No one refused - \$38.95 monthly - \$18.95 one time activation - \$18.95 unlimited long distance. Call Choice Tel now! 1-888-333-1405; www.choicetel.ca.

4' - 6' WHITE SPRUCE & Lodgepole Pine \$35.00 each, planted. 6' - 8' White Spruce & Lodgepole Pine \$45.00 each, planted. Warranty available. 403-968-9750; 403-247-9688.

A FREE Telephone Service - Get your first month free. Bad credit, don't sweat it. No deposits. No credit checks. Call Freedom Phone Lines today. Toll free 1-866-884-7464.

ALBERTA WILBERT SALES. Concrete septic tanks, water cisterns, and wastewater treatment systems for residential or commercial sites. Unbeatable 20 year warranty. 1-800-232-7385 or Wilbert.ca.

BUILDING SALE! Less than wood, canvas or steel trusses. Example Specials: 30x40 \$9370. 25x40 \$7550. 40x100 \$26,500. Many others. Pioneer Steel Manufacturers Direct 1-800-668-5422; www.pioneersteel.ca.

COLORADO BLUE SPRUCE, 2 year old: \$1.49/each (180 for \$268.20). Also Swedish Aspen, Pines, Maples, various shrubs & berries, etc. Free shipping. 1-866-873-3846 or www.treetime.ca.

CRIMINAL RECORD? Only Pardon Services Canada has 20 years experience guaranteeing record removal. Call 1-8-NOW-PARDON (1-866-972-7366) www.removeyourrecord.com.

FUEL ECONOMY, power and torque. Improve all three with easy install DSG Power module. Available for most electronic engine models. Call William or Trent 1-800-667-8879.

Home Phone Reconnect. Call 1-866-287-1348. Prepaid long distance specials! Feature package specials! Referral program! Don't be without a home phone. Call to connect! 1-866-287-1348.

3210. Misc. For Sale

LAPTOPS AND DESKTOPS from \$399, or \$25/month. Huge selection of quality brand names. Easy, in-store financing and flexible payment options. Call 1-877-992-9992.

METAL SIDING/ROOFING. Best prices! 36" Hi-TenToughrib 29ga. Galvalume \$729 sq. ft. Colours \$849 sq. ft. IN STOCK. 25/30 year warranty. ALTA-WIDE Builders Supplies 1-888-263-8254.

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NEVER SHOCK CHLORINATE AGAIN! New Continuous Shock Chlorinator. Patent Pending Canada/U.S.A. No mess, effective year round for smell, iron bacteria, slime. Inexpensive. Phone 1-800-BIG-IRON; www.bigirondrilling.com.

NEW NORWOOD SAWMILLS - LumberMate-Pro handles logs 34" diameter, mills boards 28" wide. Automated quick-cycle-sawing increases efficiency up to 400%. www.NorwoodSawmills.com/400 OT. Free information. 1-800-566-6899 ext. 400OT.

1005. Help Wanted

FULL-TIME DENTAL ASSISTANT

REQUIRED FOR

Elk Point Dental Centre

Experienced, registered dental assistant preferred, but may consider training an enthusiastic, outgoing person interested in the dental field.

Apply by resume at:

ELK POINT DENTAL CENTRE
in person at 4905-49 Avenue, Elk Point
or by Fax 780-724-2847

By mail: Box 674, Elk Point, AB., T0A 1A0
No phone calls please.



Looking For

Experienced Combo Vac & Semi Vac Operators, Pressure Truck & Flushby

Fax resume to 780-826-5861



5305-46 Street, Elk Point
Phone 780-724-2267; Fax 780-724-2202

OPERATORS REQUIRED

* PRESSURE TRUCK * CLASS 1 TRI-VAC

Class 1 License a prerequisite but may train for necessary application. Experienced operators preferred. Competitive wages. Full benefit package.

Fax Resume to 780-724-2202

3210. Misc. For Sale

RODENT AND weather proof sea containers 20 and 40 ft. Great for storage. Also livestock corral panels starting at \$55. Calgary, Alberta. 403-540-4164; 1-866-517-8335; www.magnatesteel.com.

SEA-CAN CONTAINERS LTD. New and used, cargo worthy 8', 9', 10', 20', 40', 48', 53', office units, wind and water tight, delivery available. Phone 780-440-4037. Fax 780-440-4037. info@seacan.com; www.seacan.com.

WWW.DURAGUARDFENCE.CO M. Chain link, ornamental iron, gates, dog runs. Direct from the manufacturer since 1987. Guaranteed best price on fencing materials. Commercial installation available. 1-800-661-7630 (Edmonton).

3240. Travel/Trade

QUEEN VICTORIA HOTEL (www.qvhotel.com). Extended rates October 15 - April 30. Downtown hotel with kitchens, pool, fitness centre, parking. For booking or information contact reservations@qvhotel.com or 1-800-663-7007.

1005. Help Wanted

1005. Help Wanted

VILLAGE OF DERWENT 2010 Summer Temporary Employment Program

* 16 years of age * not receiving retirement pension * living and working in Alberta * 6 weeks employment and 30 hours / week.

Two (2) positions available:

* 1 commencing July 5 * 1 commencing July 19
Applications will be accepted until May 31, only successful applicants will be notified. Applications can be mailed, fax or dropped off at Village office. For further information, contact:

Joanna Richards, CAO, Village of Derwent
Box 102, Derwent, AB., T0B 0C0
Phone 780-741-3792; Fax 780-741-3793

Summer Temporary Employment Position (STEP) Elk Point Municipal Library

REQUIRES A

SUMMER PROGRAM COORDINATOR

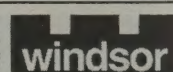
THE JOB: Plan and present the Summer Reading Program for children aged preschool through grade 6. Also assist with library duties on an as needed basis. 35 hours / week for 14 weeks Monday to Friday. Adults also considered for this position.

QUALIFICATIONS: Experience working with children and computers an asset, but not a requirement. Library experience not necessary. Only those candidates selected for interviews will be contacted.

Interested applicants can drop off their resumes at the:

Elk Point Municipal Library, 5123-50 Ave.,
Elk Point, AB., T0A 1A0 or Fax 780-724-3739
CLOSING DATE FOR APPLICATIONS:
FRIDAY, MAY 21, 2010

The Canadian Salt Company Limited is involved in the mining, refining and distribution of salt products and is currently seeking applicants for the following position:



Production and Shipping Supervisor Lindbergh, Alberta, Canada

A member of the Lindbergh Leadership Team, you will assume responsibility for planning and managing the Mill Operation that handles the mixing and bagging of food and non food grade salt products in the plant, as well as oversee Shipping & Receiving functions. You will manage 15 unionized employees working in various positions.

Along with a bachelor's degree in Administration, Management or other relevant discipline, you have a minimum of five years' experience in a shipping coordinator role gained in a manufacturing environment. You have excellent team management skills, strong planning and analytical abilities, as well as knowledge of the Microsoft Office suite of products.

We offer a great compensation package that includes a competitive salary, excellent fringe benefits and a pension plan.

We are an equal opportunity employer.

To apply for this position, please visit: www.windsorsalt.com or send your resume to: human-resources@windsorsalt.com

The Salt of the Earth

HAHN WELDING & OILFIELD SERVICES LTD.

REQUIRED IMMEDIATELY ALL POSITIONS

- * MECHANIC
- * APPRENTICE WELDERS
- * EXPERIENCED TOOL TRUCK OPERATORS
- * MAINTENANCE TRUCK OPERATORS
- * LABOURERS
- * SUMMER EMPLOYMENT FOR STUDENTS
- * TRACTOR / MOWER OPERATORS
- * WEED WHIPPERS
- * LABOURERS

Competitive wages and benefits package.

Fax resume to 780-724-3373

or Email:

weldhahn@telus.net

CLASSIFIED DEADLINE - Thursday 4 pm

CLASSIFIED AD RATES

ELK POINT REVIEW Tuesdays - \$8.00 per week + GST

ST. PAUL JOURNAL Tuesdays - \$9.00 per week + GST

BONNYVILLE NOUVELLE Tuesdays - \$10.50 per week + GST

LAKELAND REGIONAL Mondays - \$10.00 per week + GST

COMBINATION OF 4 PAPERS - \$25.00 / WEEK

(20 cents per word per newspaper insert over 20 words)

lakeland marketplace COMBINATION CLASSIFIEDS

Your classified ad can be read in over 10,000 papers.
Select your classified readership for as little as \$8.00 / week.

** Bonus: St. Paul Journal Classifieds also featured online at www.spjournal.com

Corrections - The publisher will be responsible for only one insertion as a correction. It is the responsibility of the purchaser of the classified ad to check their ad after the first publication and let us know if there is a mistake before the next insertion is printed. The publisher will not be responsible for errors in classified ads that have been phoned.

THE WINNING TEAM



Place your order at either of our offices:

St. Paul Journal - 780-645-3342

Elk Point Review - 780-724-4087

4040. Livestock**CHAROLAIS BULLS**

FOR SALE
French and pure bred.
Not Barley fed. "Do It Right, Breed White"
Phone (780)636-3598,
cell (780)818-1077.

FOR SALE - 2 yr old charolais bulls, red factor & white, polled. Phone 726-2579, Gold In Boulders Farms, Arthur and Carol Gibbs.

FOR SALE: Rancher's Choice 2 year old and yearling Black Angus Bulls. Phone Kim - cell 306-463-8405 or home 306-968-2637.

1005. Help Wanted**TEE-JAY WATER HAULING**

requires:

CLASS 1 DRIVER

w/Air Brakes.

Applicants should have H2S, First Aid, and clean Driver's Abstract. **FULL BENEFITS.**

Location: Bonnyville

4-5 years fluid haul experience.

Please fax resume w/Driver's Abstract to 780-573-7673

Only those selected for an interview will be contacted.
No Phone Calls Please.

**REQUIRED IMMEDIATELY****SEMI VAC & PRESSURE TRUCK EXPERIENCED OPERATORS**

Sign-on bonus may apply to certain positions.

Ph. Steve 780-614-7199

Fax resume to 780-724-2816

All inquiries will be kept confidential.

**County of St. Paul No. 19****PLANNING AND DEVELOPMENT OFFICER**

As the Planning and Development Officer you will manage all aspects of development within the County of St. Paul No. 19, while ensuring all planning and development regulations are properly administered. Further duties will include processing development permits, building permits, subdivision applications, preparing statutory plans, bylaws, policies, land sales, road closures, rezoning applications and requests for decisions to the County Council. As the Planning and Development Officer you will also provide a supervisory role to the County's Planning Clerk. Ongoing and future projects within this department include a revised InterMunicipal Development Plan, Area Structure Plans, and other Statutory Plan updates.

The Community -

The County of St. Paul is strategically located in east central Alberta and covers a geographic area of 322,000 hectares. With a stable population of 6,300, the County is a two-hour drive from Edmonton, allowing easy access to its numerous lakes and recreation areas. Economic drivers for the County of St. Paul include the oil and gas sector, agriculture and tourism. Administrative offices are located in the Town of St. Paul which has a population of approx. 5,000 residents.

The Candidate -**The ideal candidate will possess:**

1. Comprehensive knowledge of the practices and principles of community planning demonstrated through a degree in planning or related discipline or workplace experience.
2. Planning experience in a municipal setting with an understanding of provincial legislation, regulations, municipal bylaws, development plans and agreements.
3. Excellent leadership and communication skills both written and oral.
4. The ability to conduct the duties of the position independently or as a team through the citizen engagement process, consultation with stakeholders, developers and municipal staff when necessary.
5. Demonstrated knowledge of GIS software.
6. The ability to achieve practical results in a dynamic work environment.
7. Valid driver's license with a clear driver's abstract.

Further Information -

The County of St. Paul No. 19 offers a competitive salary and benefit package. This job is a permanent full time position with working hours of 8:30 a.m. to 4:30 p.m. Monday to Friday. Further information about this position can be obtained by calling Sheila Kitz at 780-645-3301 ext. 208. Interested application should send resumes via mail, fax or email by May 28, 2010 to attention of Sheila Kitz, CAO.

County of St. Paul No. 19

5015-49 Ave., St. Paul, AB., T0A 3A4

Fax Number 780-645-3104

Email: skitz@county.stpaul.ab.ca

4040. Livestock

REGISTERED BLACK ANGUS 2 yrs old bulls and females for sale. Eagle Valley Angus. Willingdon, AB 780-367-2528 or 780-208-8785

A-D-V-E-R-T-I-S-I-N-G

an idea that SELLS.

POLLED HEREFORD YEARLING BULLS FOR SALE

Call Almer

780-635-4979

YEARLING AND TWO yr old Charlaiss bulls for sale. Phone 780-741-3868 or 780-853-0708

1005. Help Wanted**4040. Livestock****ARABIAN MARE**

16 years old,
Bay - Tobiano 75%

ARABIAN MARE

10 years old Bay 100%

Both well broke.
Reasonably priced to a good home.

(780) 826-2493

4310. Grain/Feed/Hay

ALFALFA SEED Common #1, high germination. Locally grown, top quality seed, priced to sell. Call Roger Champagne 780-645-2381

HEATED CANOLA buying Green, Heated or Springthashed Canola. Buying: oats, barley, wheat & peas for feed. Buying damaged or offgrade grain. "On Farm Pickup" Westcan Feed & Grain, 1-877-250-5252.

OATS WANTED: Any conditions dry, wet or heated. On farm pick up. Immediate payment. Toll Free 1-866-349-2056

ZIGGY'S SEEDS

Alfalfas, Tap Root & Creeping Root, Clovers & Grass Seeds. Locally grown. Good germination. All seeds have certificates. Custom blending. Priced to sell.
Dave 780-645-3193

4540. Farm Equipment

2003 NH499 HAYBINE. \$17,500. Ph: (403) 932-0768.

FLEXICOIL 700 air seeder, Flexicoil 67 xl 20' sprayer, Kvermeland 8 bottom auto reset plow. 780-623-1008

5100. Houses For Sale

EXPERIENCE THE QUIET beauty of country living on two acres with mobile home. Nicely landscaped. Good fishing, hunting and quad-trails close by. 14 miles from St. Paul. Just \$98,000. Evenings - 780-645-2398.

5110. Houses For Rent

2 BEDROOM HOUSE on St. Vincent, 8 miles from St. Paul on mostly paved road. Very secluded, pets welcomed. Phone Millie or Ken at 403-664-2114. Rent \$800/month plus utilities. Available May 15th.

3 BEDROOM HOME, Elk Point, newly updated. Single car garage. Tenant selected on interview basis. Phone 780-724-2102 or 780-724-2837 (evenings)

5130. Apartments For Rent**HERITAGE LODGE**

ELK POINT

SINGLE & COUPLES ROOMS AVAILABLE**SERVICES:**

- * Meals * Housekeeping *
- * Laundry * 24 Hour Staffing *
- * Personal Security Pendants *
- * Activities *
- * Access to Community Handi-Van *

INQUIRIES:

Loris Kozina - Manager
780-724-4449

or Visit our Website:

www.stpaulfoundation.ca

Must be 65 years of age to apply.

5210. Acreages For Rent

3 BEDROOM HOUSE, attached garage on acreage. 3 miles from Bonnyville next to North Shore Heights. Avail June 1st. Call Denis 780-826-8572

5310. Lots For Rent

FOR RENT - RV Lots at beautiful Elinor Lake Resort, two hours from Edmonton. From May long weekend - Sept. 30/10. \$1000. Call 1-888-623-3993.

Be Wise...ADVERTISE**5800. Manuf. Homes - Sale**

2009 SHOWHOME, 20 X 76, 1520 sq. ft. Loaded with options. Sacrifice pricing \$111,900, delivered. 1-800-463-0084; www.jandelhomes.com.

6 SRI SECTIONALS below cost! 2130 sq. ft. - \$189,900! 1196 sq. ft. - \$122,500! For details on the rest: 1-800-689-6953 or email: ken@econocottages.com. Best deal on sectionals period!

EXCELLENT VALUE. New two bedroom home with fridge, stove, dishwasher, hardwood cabinets, all window coverings. Delivered for \$59,670. Expect more. Sunshine Homes, 1-877-887-2254; www.sshomes.ca.

FACTORY SALE on now. Save \$8000. Available on 3 brand new 1,520 sq. ft. SRI Homes, Commonwealth Homes on 43 St. S. just south off Hwy 3, Lethbridge. 1-800-640-2012 or 403-320-2012.

LOWEST PRICES on Modulars, 1,000 - 2,200 sq. ft. 20 wides with Gourmet Kitchens. 16 wides starting at \$76,900. Best Buy Homes, Red Deer, 1-877-396-5564.

SHOPPING FOR A new home or cottage? Make Pleasant Homes your last stop and rest easy knowing you're getting the best in quality and service at the lowest price possible. 20' X 76' SRI Homes starting at \$107,000, delivered, blocked and skirted. Call 780-939-3584; 1-866-962-0238 or see our show homes in Morinville today. Also specialize in modular and commercial products.

5005. Automotive

SCRAP BATTERIES WANTED! Buying scrap batteries from cars, trucks & heavy equipment. \$2. & up/each. Free pick-up greater Calgary & Edmonton area. Minimum .10. Toll free 1-877-334-2288.

6100. Cars

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Janice Huser photo

Former Elk Point area resident James Purdy, now of Bonnyville, and his family took part in the MS Walk. Purdy and his team raised a whopping \$30,000 in pledges for the cause.

MS Walk

(Continued from Page 9)

He has learnt that creating awareness about MS crucial, along with having support.

"It's sure nice to have that support group behind you," says Purdy. "That's what the whole MS society group gives - they're here for support."

Overall, the MS Walk is growing, and the connections being made between communities is helping people with the illness. Having a number of people from Bonnyville come on board, including the town's mayor Ernie Isley, has been a great help, says Bower Gagne.

"They are so passionate out there," she adds. And next year, she hopes to see more sponsors and walkers come in from the Cold Lake area. The event is "really bringing the communities together."

Bower Gagne adds that through the local chapter of the MS Society and annual walk, a support network is being created "for people who didn't have it before." And the funds raised will help that network continue to grow.

Of course, one day, supporters would like to see research lead to a cure. And for Purdy, knowing that there are funds being directed to that research is reassuring.

"It feels like we're that close. I feel like we're there," says Purdy, as he speaks about the research currently being done. But, he admits the disease is unpredictable.

"I don't know where I'm going to be in five years. I don't know where I'm going to be in 10 years," he says, adding, he wants to do whatever he can to help out before the disease progresses.

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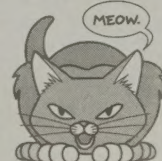
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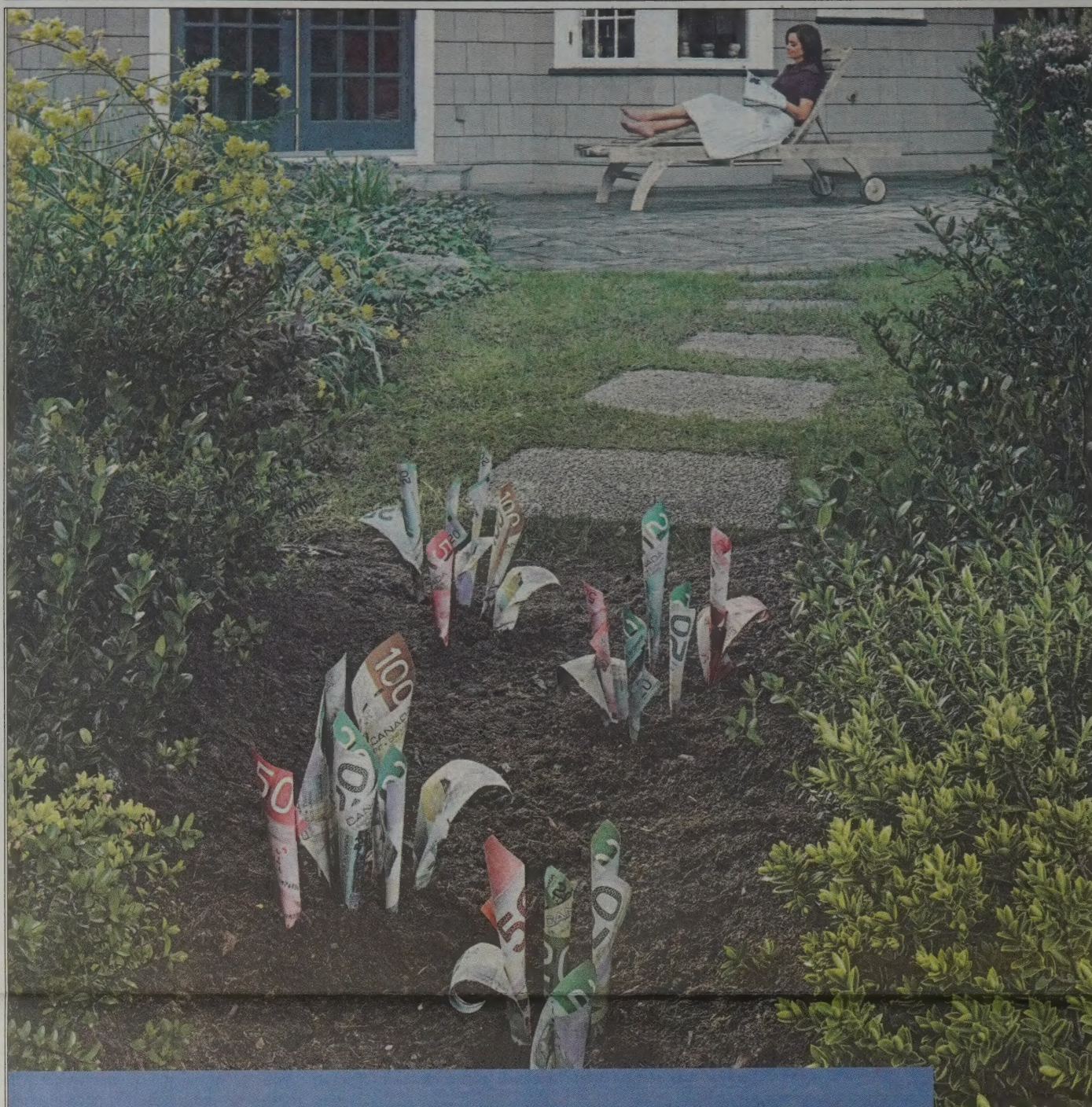
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Student of the Week



Jarred Loughran

Jarred is an exceptional student that has excelled in his courses. He keeps himself well informed about current events and uses examples from world events to relate to course curriculum, in social studies.

Jarred is a conscientious student who always puts in a great effort in Science class. His class participation and test scores is top notch. Jarred loves to read and share his knowledge with classmates and teachers.

In fact, Jarred's passion for the written word has him to be crowned king of his very own Reading Team! Jarred has carried his team, The House of Silvaen, to the top on a few occasions and continues to lead and read with great passion and dedication! Read on Jarred, read on!

Athlete of the Week



Lisa Vallee

Lisa Vallee and Sarah Harms played girls' doubles at the SPAA Badminton Tournament in St. Paul last week. They played three really good games in the round robin, making it to the semi-finals tied with Glen Avon. The girls then lost the tie breaker. Throughout the tournament they displayed excellent sportsmanship skills.

Lisa also plays basketball and volleyball. She participates with enthusiasm in Phys Ed. Lisa plays baseball in the community as well. She is also a pleasure to have in an academic classroom setting.

Photos and information submitted by F. G. Miller High School

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